

# Safe Use of Ladders

## Overview

This Ladder safety course will help you understand how to use ladders and stepladders safely. Knowing how to choose, set up and use ladders correctly will reduce the likelihood of accidents happening in the workplace.

This course provides a complete introduction to ladder safety and the safe working practices you should follow. It explains how to select, carry out pre-use checks, set up, and use ladders as well as outlining the steps of a ladder-specific risk assessment. By completing the training, you will understand the relevant health and safety legislation and feel more confident about safely carrying out workplace tasks.

## Prices

Group Booking Maximum 15 delegates	£440
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## Who should attend

This course is designed for those who use ladders and/or stepladders as part of their job role. It is suitable for employees of all levels as it is designed as an introduction to ladder safety and so no prerequisites are needed.

If your job role involves Working at Height, then you are required to undertake training to prove that you're competent and safe to do so. See our Working at Height Course for more information.

## Course Content

- Introducing to ladder safety
- Legal responsibilities
- Risk Assessment
- Inspection, maintenance and storage
- Setting up ladders
- Using ladders safely

## Certification

On successful completion of the course delegates will be sent an Ardent Safety approved certificate.



[www.ardentsafety.co.uk](http://www.ardentsafety.co.uk)

[info@ardentsafety.co.uk](mailto:info@ardentsafety.co.uk)

**01229 808320**

